

**Occupational Health and Safety - Risk Assessment**

<b>Contract:</b>	Generic - Wyndley Leisure Centre	<b>Area/Department:</b>	Sports Activities	<b>Ref No:</b>	WWSA09
<b>Risk Assessor:</b>	Nathan Pritchard	<b>Signature:</b>		<b>Date:</b>	20/01/2022
<b>Summary description of tasks to be undertaken:</b>	Sport Activities - Athletics Field and Track Events				

*Responsibility for completing risk assessments is the function and responsibility of Line Management, however the task may be delegated to a competent person or persons (The Assessor should be competent in his/her knowledge of the activity or process and be trained in risk assessment techniques)*

**Persons at Risk = A:** Employee/Agency **B:** Young Person/Trainee **C:** New/Expectant Mother **D:** Contractor/Maintenance **E:** Member of the Public **F:** Others in the Vicinity

Ref	Identify	Evaluate	Eliminate/Reduce/Mitigate/Action			Re-Evaluate	Review/Action/Owner			
	Identified Hazards and Associated Risks	Those at risk	Risk Rating			Control Measures			Revised Rating	Further Actions
			L	S	R	L	S	R		
<b>Track Events</b>										
	<p><u>Track</u></p> <p><b>Hazard:</b> Poor weather conditions (High Winds, rain and snow)</p> <p><b>Risk:</b> Slip Trips and Falls</p>	A,E	3	2	6	Customers should be made aware that the track will only be used, during suitable weather conditions.	1	2	2	
	<p><u>Track</u></p> <p><b>Hazard:</b> Worn out track / loose kerbing</p> <p><b>Risk:</b> Slip Trips and Falls.</p>	A,E	3	2	6	Athletes should wear adequate footwear. Ensure track is level, free of holes and swept regularly to remove debris e.g. stones. 3 Porous surface should be cleaned regularly to allow drainage. Ensure adequate maintenance and regular inspection. Where removable kerbs are in place, any exposed ends should be covered and where sections join together they should be secured. Lengths of kerbing that have been moved to facilitate steeplechase, high jumping or javelin throwing should be placed in a safe area. They should be replaced after steeplechase, high jump and javelin have ceased	1	2	2	
	<p><u>Starting Blocks</u></p> <p><b>Hazard:</b> Incorrect positioning of blocks, or worn/poorly maintained blocks.</p> <p><b>Risk:</b> Injuries from slipping/tripping</p>	E	3	2	6	If used ensure starting blocks are firmly secured onto the track or other area. Ensure adequate maintenance and regular inspection. Blocks should be inspected by a coach before use.	1	2	2	

	<p><b>Hurdles</b></p> <p><b>Hazard:</b> Colliding with hurdles</p> <p><b>Risk:</b> Athletes– injury</p>	E	3	2	6	<p>Hurdles shall be used in the correct direction and in the appropriate manner.</p> <p>Where competition hurdles are used the mechanisms for fixing the hurdles (a) at the required height (b) and for positioning the counter balance weight should be lubricated and well maintained.</p> <p>Damaged hurdles must be replaced.</p> <p>Ensure adequate maintenance and regular inspection.</p> <p>They must be set at a height appropriate to the age and ability of the athletes.</p> <p>Weather conditions must be considered before Hurdles are used.</p>	1	2	2	
	<p><b>Steeplechase</b></p> <p><b>Hazard:</b> Water Jump</p> <p><b>Risk:</b> Slip Trips and Falls</p>	A,E	3	2	6	<p>Ensure water jump is full, i.e. water is level with track surface and free from debris.</p> <p>Must not be used in training if empty.</p> <p>Regularly inspect lining material to bottom of water jump for splits, bubbles etc and repair any defects.</p> <p>Check barrier top rail for secure fixings and that surfaces are not damaged so as not to cause injury.</p> <p>Check uprights of barrier in ground for secure fixing (particularly check adjustable barriers for correct and secure fixing of pins)</p>	1	2	2	
	<p><b>Steeplechase</b></p> <p><b>Hazard:</b> Weather Condition</p> <p><b>Risk:</b> Slip Trips and Falls</p>	A,E	3	2	6	<p>Must take place only during suitable weather conditions.</p>	1	2	2	
	<p><b>Field Event</b></p> <p><b>Hazard:</b> Incorrect technique, inadequate warm up, or collision with other athletes.</p> <p><b>Risk:</b> Athletes – Injury</p>	E	3	2	6	<p>Athletes should be taught correct technique by coaches.</p> <p>Athletes should undertake adequate warm up.</p> <p>Ensure each athlete jumps in turn and does not encroach on other athletes run ups whilst waiting their turn.</p> <p>Athletes whose approach conflict with other events should be aware of potential collisions.</p> <p>Ensure young athletes only jump under the supervision of a coach.</p> <p>Athletes should not wear jewellery or other objects which might cause injury.</p>	1	2	2	
<b>Long &amp; Triple Jump</b>										

<p><b>Long &amp; Triple Jump</b></p> <p><b>Hazard:</b> Take off boards and blanking boards</p> <p><b>Risk:</b> Athletes – Injury due to unstable, ill fitting take off/blanking boards.</p> <p>Slipping off top of no jump indicator blanking boards.</p> <p>Coaches – back strain and hand injury due to lifting, tight fitting insert boards and blanking boards.</p> <p>Use of incorrect lifting implements</p>	<p>A,E</p>	<p>2</p>	<p>2</p>	<p>4</p>	<p>Clean insert board recesses.</p> <p>Clean and grease adjustable bolts within recesses.</p> <p>Clean and grease adjustable bolts on insert and blanking boards.</p> <p>Ensure that take-off board, no jump indicator insert board, and no jump indicator insert blanking boards are made of wood, wood composite or an alternative material soft enough so as to absorb the impact of spikes.</p> <p>Ensure that insert boards and blanking boards are capable of being adjusted so as to be stable and level with runway.</p> <p>Ensure that plasticine insert boards and plasticine insert blanking boards fit adequately without being too difficult to remove.</p> <p>Ensure that board lifting implements are available and suitable for the purpose of lifting the boards.</p>	<p>1</p>	<p>2</p>	<p>2</p>	
<p><b>Long &amp; Triple Jump</b></p> <p><b>Hazard:</b> Landing area</p> <p><b>Risk:</b> Athletes – Injury due to compacted sand and extraneous material; collision with concrete edging of landing area; collision with fixed barriers too close to end of landing area.</p>	<p>E</p>	<p>3</p>	<p>2</p>	<p>6</p>	<p>Ensure that only sand that will not cause injury to an athlete will be used.</p> <p>Dig over sand.</p> <p>Check that landing area is free of dangerous extraneous material and other contaminants.</p> <p>The edges of the landing areas should be covered with an impact absorbing material or rounded off.</p> <p>The area 12m. beyond the take off line or take off line extended and 1m. from the edge of the landing area must have no obstructions.</p> <p>The landing area should be covered when not in use.</p> <p>Ensure that rakes and brushes used for levelling and cleaning are kept away from landing area and that prongs of rakes face the ground or away from the landing area.</p>	<p>1</p>	<p>2</p>	<p>2</p>	
<p><b>Long &amp; Triple Jump</b></p> <p><b>Hazard:</b> Training</p> <p><b>Risk:</b> Athletes – Injury due to dangerous extraneous material in landing area, collision with rakes, brushes used by coaches; collision with other athletes or coaches; tripping on worn, uneven runways, unstable, uneven take-off and blanking boards, check markers on runway.</p> <p>Coaches – injuries due to collision with athletes; lifting insert and blanking boards.</p> <p>Use of incorrect lifting implements</p>	<p>E</p>	<p>3</p>	<p>2</p>	<p>6</p>	<p>Prior to training ensure that:</p> <ul style="list-style-type: none"> <li>- The runway is free from damage and excessive standing water.</li> <li>- Take off and blanking boards are stable and level with runway.</li> <li>- Landing area is free of dangerous extraneous material.</li> <li>- Sand in landing area is not compacted.</li> </ul> <p>During training ensure that:</p> <ul style="list-style-type: none"> <li>- Athletes are taught the correct technique.</li> <li>- Young athletes jump only under supervision.</li> <li>- Athletes are taught to undertake adequate warm up.</li> <li>- Athletes are aware of the appropriate footwear.</li> </ul> <p>During training ensure that:</p> <ul style="list-style-type: none"> <li>- Coaches and athletes are aware of the need for concentration at all times.</li> <li>- The runway is swept regularly to remove excess water and grit.</li> <li>- No obstructive check markers are placed on the runway.</li> </ul>	<p>1</p>	<p>2</p>	<p>2</p>	

	<p><b>Long &amp; Triple Jump</b></p> <p><b>Hazard:</b> Training (cont'd)</p> <p><b>Risk:</b> Athletes – Injury due to dangerous extraneous material in landing area, collision with rakes, brushes used by coaches; collision with other athletes or coaches; tripping on worn, uneven runways, unstable, uneven take-off and blanking boards, check markers on runway.</p> <p>Coaches – injuries due to collision with athletes; lifting insert and blanking boards. Use of incorrect lifting implements</p>	E	3	2	6	<p>Control measures are in place to ensure that athletes take their jumps in turn and not until the runway and landing area is clear of other athletes, rakes and brushes.</p> <p>Measuring tapes do not encroach on the runway.</p> <p>Suitable lifting implements are used to lift and replace board inserts and blanking boards and used in accordance with current handling regulations.</p> <p>Rakes and brushes are kept well away from the landing area and that, in particular, rakes are laid with the prongs pointing towards the ground.</p>	1	2	2	
<b>High Jump</b>										
	<p><b>High Jump</b></p> <p><b>Hazard:</b> Landing Area</p> <p><b>Risk:</b> Injuries from poorly maintained beds</p>	E	3	2	6	<p>Bed units must be made of foam, securely fastened together and must conform in size to the official specification.</p> <p>The entire area must be covered by an attached spike proof wear sheet.</p> <p>Where beds are placed on other objects such as timber pallets, these should be not more than 100mm. high and must not protrude beyond the edges of the landing areas.</p> <p>In addition the front surface of the pallets must be blocked off so that there is no possibility of an athlete's foot penetrating underneath.</p> <p>Ensure adequate maintenance and regular inspection with particular attention to impacted foam.</p>	1	2	2	
	<p><b>High Jump</b></p> <p><b>Hazard:</b> Stands</p> <p><b>Risk:</b> Injuries from being struck by Stands. / Injuries from running into or landing on fallen stands</p>	E	2	2	4	<p>Bases must be stable and joined onto the upright.</p> <p>Crossbar supports should face each other and must be easily adjusted with lubricated clamping screws.</p> <p>Ensure adequate maintenance and regular inspection.</p>	1	2	2	
	<p><b>High Jump</b></p> <p><b>Hazard:</b> Surrounds</p> <p><b>Risk:</b> Injuries from falling onto concrete surrounds of bed or striking scoreboards</p>	E	3	2	6	<p>Any hard surface within 2m of the sides and rear of the bed must be covered with an impact absorbing material with a critical fall height of 1.5m. or suitable additional matting.</p> <p>There should be no objects placed within 1m. of the sides and rear of the bed.</p>	1	2	2	
<b>Javelin</b>										
	<p><b>Javelin</b></p> <p><b>Hazard:</b> Runway</p> <p><b>Risk:</b> Athletes, coaches – slipping, tripping due to wet, worn, damaged surface.</p>	A,E	2	2	4	<p>Examine surface to ensure no worn or damaged areas.</p> <p>Regularly clean drainage ducts around runway.</p> <p>Regularly clean porous surfaces to allow drainage.</p>	1	2	2	

<p><b>Javelin</b></p> <p><b>Hazard:</b> Implements</p> <p><b>Risk:</b> Athletes – loose or damaged grip causing injury. Coaches – impact injury caused by abnormal flight characteristics of bent/bowed javelin.</p>	E	3	4	12	<p>Implements must be checked before commencement of any throwing to ensure they are serviceable, particularly the grip and profile.</p>	1	4	4	
<p><b>Javelin</b></p> <p><b>Hazard:</b> Training</p> <p><b>Risk:</b> Athletes – Injury from slipping on wet, gritty surfaces. Coaches – impact injury, slipping, tripping due to wet, uneven surfaces. Spectators – impact injury. Athletes, coaches – impact injury caused by athletes using javelins for loosening up exercises</p>	A,E,F	2	3	6	<p>Ensure that runway is free of standing water, excessive dirt or grit.</p> <p>Where track kerbing is in the run up line, ensure that this is removed whilst training is in progress. It should be placed in a safe area and it should be replaced after training has ceased.</p> <p>Measuring tape (if used) should not encroach on runway</p> <p>All throws must be from the runway and only in the direction of the sector</p> <p>Javelins are to be returned after throwing by carrying vertically and not by throwing</p>	1	3	3	
<b><u>Pole Vault</u></b>									
<p><b>Pole Vault</b></p> <p><b>Hazard:</b> Pole vault Drills - Swings on pole</p> <p><b>Risk:</b> Injury caused by falling</p>	E	3	3	9	<p>Use correct teaching procedure.</p> <p>Use a low grip</p> <p>Use a non slip floor.</p> <p>Do not use a run up.</p>	2	3	6	
<p><b>Pole Vault</b></p> <p><b>Hazard:</b> Vaults into sand</p> <p><b>Risk:</b> Injury caused by cuts, grazes from edge of pit or floor.</p>	E	2	2	4	<p>Check sand as for long jump.</p> <p>Use a low grip.</p> <p>Use correct teaching procedure.</p> <p>Ensure surrounds are free of all objects i.e. rakes etc.</p>	1	2	2	
<p><b>Pole Vault</b></p> <p><b>Hazard:</b> Runs with pole</p> <p><b>Risk:</b> Injury caused from falls from slipping and tripping, or collisions</p>	A,E,F	2	2	4	<p>Ensure track is free from holes, is swept regularly and is free from any debris.</p> <p>Ensure coaches and other athletes are aware of vaulters running.</p>	1	2	2	
<p><b>Pole Vault</b></p> <p><b>Hazard:</b> Vaults on mats</p> <p><b>Risk:</b> Injury caused by bottoming, mats too small, pole slipping, athlete slipping</p>	E	2	2	4	<p>Ensure mats are thick and large enough for the size and ability of the athlete.</p> <p>Ensure the pole cannot slip on the floor at take off.</p> <p>Use a short approach i.e. 2/4 strides.</p> <p>Use a non slip floor.</p>	1	2	2	
<p><b>Pole Vault</b></p> <p><b>Hazard:</b> Poles</p> <p><b>Risk:</b> Injuries from damage to poles, falling poles, storage of poles</p>	E	2	2	4	<p>Check pole carefully for deep scratches or cracks.</p> <p>Protect bottom of poles with tape.</p> <p>Do not let poles fall onto hard surfaces.</p> <p>Beware of poles falling to side of landing area after a vault.</p>	1	2	2	

	<p><b>Pole Vault</b></p> <p><b>Hazard:</b> Vaulting</p> <p><b>Risk:</b> Injuries from falls, collisions</p>	E	3	3	9	<p>Ensure vaulter's technique is adequate for the poles he/she is using.</p> <p>Ensure that the pole is of correct weight and length.</p> <p>Ensure other athletes and coaches are aware of vaulters on the run up.</p> <p>Athletes should not wear jewellery or other objects which might cause injury.</p>	2	3	6	
	<p><b>Pole Vault</b></p> <p><b>Hazard:</b> Landing area</p> <p><b>Risk:</b> Injuries from poorly maintained landing area</p>	E	2	3	6	<p>Bed units must be made of foam and securely fastened together. The entire area must be covered by an attached spike proof wear sheet.</p> <p>Where the landing area is placed on other objects , such as pallets, these should not be more than 100mm. high and must not protrude beyond the edges of the landing areas.</p> <p>In addition the front surface of the pallets beyond the box must be blocked off so that there is no possibility of the pole or athlete's foot penetrating underneath.</p> <p>Ensure adequate maintenance and regular inspection with particular reference to impacted foam, tears and holes.</p> <p>Ensure that beds are the correct size</p> <p>Ensure that the slope away around the box conforms to the correct specification.</p> <p>There is sufficient protection for the vaulter as detailed in the Rules.</p>	1	3	3	
	<p><b>Pole Vault</b></p> <p><b>Hazard:</b> The Box</p> <p><b>Risk:</b> Injuries and pole damage – box damaged, not flush with run up, incorrect back plate angle</p>	E	2	2	4	<p>Ensure adequate maintenance and regular inspection.</p> <p>Ensure that the box is clearly visible.</p>	1	2	2	
	<p><b>Pole Vault</b></p> <p><b>Hazard:</b> The Stands</p> <p><b>Risk:</b> Injuries from falling stands, collision into stands</p>	A,E	2	2	4	<p>Winders and lower section of stands should be protected with foam or similar padding.</p> <p>Base must be well secured. In particular ensure that the stands cannot fall backwards away from the landing area in high winds.</p>	1	2	2	
	<p><b>Pole Vault</b></p> <p><b>Hazard:</b> Surrounds</p> <p><b>Risk:</b> injury from falling on to hard surface or objects near landing area</p>	E	3	3	9	<p>Any hard surface from the centre of the box 5m. to the front and sides and 7m. to the rear must be covered with an impact absorbing material for a critical fall height of 1.5m. or suitable additional matting, and must have no obstructions onto which an athlete might fall.</p> <p>Existing fences within this area should be either re-located or covered in suitable padding.</p> <p>There must be no obstructions within 1m. of any runway or landing area.</p>	1	3	3	
<b>Hammer</b>										

<p><b>Hammer</b>  <b>Hazard:</b> Gates  <b>Risk:</b> Injuries</p>		A,E	2	2	4	<p>Check that the gates can move freely and can be secured in both their open and closed positions.</p> <p>Make sure that the netting is not holed, and is secure and in good condition.</p> <p>Check that netting tension, when erected, has sufficient retardation and minimal bounce particularly when the gates are bolted in position.</p> <p>The gates must be set for all hammer throws and adjusted for left and right handed throwers in accordance with UKA Rules (reference UK Athletics Handbook "Rules of Competition").</p>	1	2	2	
<p><b>Hammer</b>  <b>Hazard:</b> Gates  <b>Risk:</b> Injuries</p>		A,E	2	2	4	<p>Where non-traditional cages without gates are used the netting must be secured in the appropriate manner.</p>	1	2	2	
<p><b>Hammer</b>  <b>Hazard:</b> Hammer  <b>Risk:</b> Athletes, coaches, public – hammer should be serviceable to avoid foreseen and uncontrolled failures and likelihood of injury.</p>		A,E	2	2	4	<p>Implements must be checked before commencement of any throwing to ensure they are serviceable, particularly the handle, the wire and the swivel assembly.</p> <p>NOTE: Due to different weights and lengths of wire used for training each implement may not conform to UK Rules in terms of specifications</p> <p>Ensure that the ends of hammer wires are taped to minimise damage to the netting.</p> <p>Hammers which are caught in upper sections of the netting should be retrieved by ground staff.</p>	1	2	2	
<p><b>Hammer</b>  <b>Hazard:</b> Training  <b>Risk:</b> Athletes, coaches, public – to avoid injury during throwing</p>		A,E	2	2	4	<p>Ensure both gates are correctly positioned and locked before each throw.</p> <p>All swings and throws shall only take place from the circle, within the cage and be supervised.</p>	1	2	2	
<p><b>Hammer</b>  <b>Hazard:</b> Gloves  <b>Risk:</b> Athletes – injury to hands</p>		A,E	2	2	4	<p>Gloves, if worn, should give adequate protection; alternatively if optional protection is used it should provide sufficient protection and not become a hazard.</p>	1	2	2	
<b>Discuss</b>										
<p><b>Discuss</b>  <b>Hazard:</b> Training  <b>Risk:</b> Athletes, Coaches, public – to avoid injury during throwing</p>		A,E	2	2	4	<p>All throws shall only take place from the circle, within the cage and be supervised.</p> <p>Discus must be returned by hand carry only.</p> <p>Only coaches are allowed forward of the throwing circle.</p> <p>Ensure that coaches and athletes are aware of the need for concentration at all times.</p>	1	2	2	
<b>Shot Put</b>										

	<p><b>Shot Put</b></p> <p><b>Hazard:</b> Circle</p> <p><b>Risk:</b> Athletes, coaches - slipping due to wet, gritty surface. Injury due to damaged metal rim of circle, damaged/loose stop board</p>	A,E	2	2	4	<p>Ensure that drainage holes are kept clear.</p> <p>Ensure that circle is free of dirt, grit and any standing water.</p> <p>Examine metal rim to ensure no protrusion or shards of metal.</p> <p>Ensure that stop board is not damaged so as to cause injury.</p> <p>Ensure that stop board is firm and stable.</p> <p>Matting or cloth should be provided for wiping shoes if ground is wet.</p>	1	2	2	
	<p><b>Shot Put</b></p> <p><b>Hazard:</b> Implements</p> <p><b>Risk:</b> Athletes, coaches - hand injury due to damaged surface of shot</p>	A,E	2	3	6	<p>All implements used for training must be checked before use.</p>	1	3	3	
	<p><b>Shot Put</b></p> <p><b>Hazard:</b> Training</p> <p><b>Risk:</b> Coaches and athletes - shot impact injury, slipping/tripping on wet, uneven surface</p>	A,E	2	2	4	<p>The circle is constantly swept free of standing water and grit.</p> <p>Practice trials are not allowed outside the circle.</p> <p>All coaches and athletes are aware of the need for concentration at all times.</p> <p>Only coaches are allowed forward of the stop board.</p> <p>Coaches forward of the stop board should stand outside the sector lines and always face the circle.</p> <p>The shot is returned using appropriate apparatus or by carrying and not throwing or rolling.</p> <p>Athletes are taught the correct technique.</p> <p>Young athletes put only under supervision.</p> <p>Athletes are taught to undertake adequate warm up.</p> <p>Athletes are aware of the appropriate footwear.</p>	1	2	2	
<b>Throwing</b>										
	<p><b>Throwing</b></p> <p><b>Hazard:</b> Sector</p> <p><b>Risk:</b> Athletes, coaches – collision with implement and/or tripping due to poor condition of infield.</p> <p>Safety sector not established</p>	A,E	3	2	6	<p>The central throwing area safety sector must be 'roped' off in accordance with current UKA rules.</p> <p>Holes in sector or infield made by landing should be filled level with the ground.</p> <p>Ensure that all non-associated persons are not within or in the vicinity of the safety sector before throws commence.</p>	1	2	2	
	<p><b>Throwing</b></p> <p><b>Hazard:</b> Cages</p> <p><b>Risk:</b> Athletes, coaches, – hammer escaping due to badly maintained or poorly designed cage</p>	A,E	2	2	4	<p>Ensure that cage is constructed and erected in accordance with UKA specifications.</p> <p>Netting must be checked regularly to ensure no damage to the net structure.</p> <p>Netting should be secured or ballasted at ground level as appropriate.</p> <p>Make sure that netting hangs vertically from gallows arms and is not tied to the uprights, particularly at the mouth where the distance should not exceed 6m.</p> <p>Check that netting tension, when erected, has sufficient retardation and minimal bounce. A safe distance from the netting must be maintained.</p>	1	2	2	

<p><b>Throwing</b></p> <p><b>Hazard:</b> Circles</p> <p><b>Risk:</b> Athletes – slipping due to wet, gritty surface. Injury due to damaged metal rim of circle or inserts when used</p>	E	2	2	4	<p>Make sure the circle surface is in good order, is not cracked or breaking up.</p> <p>Make sure the rim of the circle is not damaged.</p> <p>Make sure that the hammer circle insert ring (concentric circle), if used, is in good order, fits snugly and has no protrusions, especially where it forms the rim.</p> <p>Check and keep the circle free of foreign matter. Maintain drain holes.</p>	2	2	4	
<p><b>Throwing</b></p> <p><b>Hazard:</b> Training</p> <p><b>Risk:</b> Injuries from thrown implements</p>	A,E,F	2	3	6	<p>Coaches must ensure that other athletes or coaches within or in proximity of the safety sector are aware that a throw is due to commence.</p> <p>The coach must be satisfied that the safety sector, or other designated throwing area, is clear and that any other persons appointed to mark landings or retrieve implements are fully aware a throw is about to progress.</p> <p>Throws must not commence unless the coach signals it is safe to begin.</p>	1	3	3	
<b>Crossbars (High Jump and Pole Vault)</b>									
<p><b>Crossbars (High Jump, Pole Vault)</b></p> <p><b>Hazard:</b> Crossbars (High Jump, Pole Vault)</p> <p><b>Risk:</b> Injuries from falling bar or falling onto bar also loose or damaged end supports</p>	A,E	2	2	4	<p>Bars must be undamaged and free from splints. Only bars as specified are to be used.</p> <p>Ensure adequate maintenance and regular inspection.</p> <p>Be aware of falling bar</p>	1	2	2	
<p><b>Crossbars (High Jump, Pole Vault)</b></p> <p><b>Hazard:</b> Weather</p> <p><b>Risk:</b> Injuries from slipping on wet/slippery run up area; Athletes – Injuries due to coldness and reduction in body temperature from wet landing beds.</p>	A,E	2	2	4	<p>Ensure run up area - particularly the take off area – is regularly swept and mopped to prevent slipping.</p> <p>Porous surface should be cleaned regularly to allow drainage.</p> <p>Ensure high jump and pole vault beds are covered with a waterproof cover to prevent rain ingress.</p> <p>In pole vault avoid vaulting into the wind if possible.</p> <p>Ensure that vaulters are sufficiently competent to deal with adverse weather conditions.</p> <p>Athletes should wear adequate footwear, e.g. spikes.</p>	1	2	2	
<p><b>Crossbars (High Jump, Pole Vault)</b></p> <p><b>Hazard:</b> Time of the day</p> <p><b>Risk:</b> Injuries as a result of poor Visibility.</p>	A,E	3	2	6	<p>Ensure adequate floodlighting at night.</p>	1	2	2	
<p><b>Crossbars (High Jump, Pole Vault)</b></p> <p><b>Hazard:</b> Landing Area Covers</p> <p><b>Risk:</b> Injuries as a result of sharp edges</p>	A,E	2	2	4	<p>Ensure covers are stored in a safe locality.</p> <p>Ensure that there are no sharp edges protruding.</p>	1	2	2	

<b>Crossbars (High Jump, Pole Vault)</b> Hazard: Elastic Bar (High Jump, Pole Vault) Risk: Injuries from falling stands and or insufficiently flexible elastic		A,E	2	2	4	Ensure that stands are very firmly secured. Ensure that elastic bar is not placed at too high a height for the athletes ability. Ensure that the elastic bar is sufficiently flexible.	1	2	2		
Signed Line Manager:							Date:				
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<b>Review Record</b>	This Risk assessment must be reviewed at periods not exceeding 1 years or when circumstances surrounding the risk have changed		
<b>Review Date</b>	<b>Assessed By</b>	<b>Findings</b>	<b>Signed</b>
06/06/2023	H.Tonks	N/A	Helen Tonks