

King Edward School Sport Partnership



Competition Formats 2023-24



**KING EDWARD VI
ASTON SCHOOL**
Educational excellence for our City

Introduction

All KESSP events are aimed at a specific group of young people with a targeted outcome. This should help guide schools to select the appropriate young people for each event. These categories align with Sport Birmingham.

KESSP will be showcasing some new events as well as covering activities that we know you love to take part in. Look out for our 3 symbols – they will tell you what type of event your young people will be attending.

ENGAGE

These events aim to create a welcoming environment with a focus on giving young people a positive experience in accessible, non-competitive sport and physical activity. These activities will impact on physical, emotional and social wellbeing and positivity influence the likelihood of continued engagement both in school and extra-curricular time.

INSPIRE

These events aim to raise the aspirations of young people. They have a focus on engagement, competition or a blend of both. We want young people to feel inspired and enthused and ready to make the most of the opportunities around them.

COMPETE

These events are aimed at more able pupils and are run as traditional competition formats. Events will provide a pathway from a School Games Organiser to Birmingham City finals or local opportunities.

School Games Values

All our events and festivals are based on the School Games Values. Pupils who display these values at events will be rewarded with a special school games pin badge. Each competition has been assigned a value, so look out for these at the event – there are 7 badges to collect!



Teamwork:

Treating everyone equally, supporting each other and working together to have fun and achieve. Celebrate each other's success and be a positive team player.



Honesty:

Be honest with others and with yourself. Have the courage to do the right thing and what you know is right.



Passion:

Giving it 100 per cent. Put your heart and soul into the game and never give up. Passion makes you enter the race and passion makes you finish it.



Self Belief:

You've got to believe to achieve. Have the self-belief and confidence to succeed and reach your personal best.



Determination:

Keep going no matter what. Determination is about the journey you go on to push yourself and achieve your dreams. Have the mental strength and self discipline to overcome obstacles, commit to your goals and keep working everyday to become the very best you can be.



Respect:

Show respect for the referee, for the opposition, for your team mates, for yourself and for the game. Accepting victory and defeat with grace, treating others politely and with understanding. Have respect every day, in every sport and for everyone.



Eco-Friendly

Show your eco-friendly ideas through School Games events to help protect the environment. Work on your own or with a group to practise eco-friendly ideas.

Intent: INSPIRE

This event requires pupils to create their own sequence prior to the event.

- Demonstrate creativity.
- Develop independence.
- Develop confidence.

School Games Value:



Giving it 100 per cent. Put your heart and soul into the game and never give up. Passion makes you enter the race and passion makes you finish it.

Contact Us:



www.kessp.com



[@kesspb.com](https://twitter.com/kesspb)



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Event Format

Number of Pupils: 6 pupils from Year 3+4

Time: 3.45 – 5pm

Date: 5th March 2024

Prior to the event, pupils will need to develop a sequence no more than 1 minute long to perform at the event. Some suggested movements could be:

- Rolls
- Jumps
- Balances
- Turns

Pupils will then rotate around 4 activities to develop their gymnastics skills!



Birmingham School Games Vision

The Birmingham School Games will create happy, healthy and well-rounded individuals. We will develop opportunities for every young person to lead a healthy, active lifestyle and achieve their very best. We will be a catalyst for change that makes us proud to be part of Birmingham's future.

