

KESSP Membership Package 2021-2022



Welcome to
**KING EDWARD VI
ASTON SCHOOL**



**KING EDWARD
SCHOOL SPORTS
PARTNERSHIP**



**KING EDWARD VI
ASTON SCHOOL**

In pursuit of educational excellence for all



Welcome to our Membership Offer 2021-22

The King Edward School Sport Partnership is pleased to introduce our brand new membership offer for 2021-22. We are proud to work with all our schools to ensure a high quality offer focusing on Physical Education, School Sport and Physical Activity. The partnership is passionate about working with students, staff and families to ensure that activity is a key part of the school experience. Our offer directly impacts on all five School Sport Premium Indicators. We invite schools to contact us to book their options directly with us or to discuss which support might be most impactful in your school.

The total cost of our membership package is £3,500. Schools who confirm their membership before 5th July 2021 will be entitled to a 5% discount. This means that the total cost of membership would be £3,150. We look forward to working with schools, students and families during the next academic year,

Helen and Bernadette





Coaching

- **Member schools are entitled to 2 half terms of coaching with an after school club in the same activity.**
- **Choose two additional after school activities for an another two half terms.**

We have a variety of sports and activities to choose from. Please contact us at the following email address to book your sessions for the next academic year: b.concannon@Keaston.bham.sch.uk



Competition



Virtual Events Delivered on your school site:

- 2 Hrs. – Archery (Winter)
- 2 Hrs. – Kurling (Spring)
- 2 Hrs. – Orienteering (Summer)

Leagues:

- Girls Football
- Boys Football
- Boccia
- Netball
- Basketball

Commonwealth Games Events:

A variety of face-to-face competitions across the school year. Compete against other schools across the partnership!

Commonwealth Games Virtual Challenge Series:

Complete our virtual challenge series at school or at home!

Development Festivals:

Come and practice your skills at our 4 development festivals across the year!



PE Co-Ordinator Support

KESSP aims to support PE Coordinators throughout the academic year:

Virtual Support

- Primary PE Coordinator Support Introductory Session in September with everything you will need to know for the year.
- 5 Primary PE Coordinator Online Modules throughout the year focusing on different elements of the role.

Contact Support

- Primary PE Support Day at Trinity Road in the Spring term.
- Primary Premium Report Support – bespoke to schools as they navigate through the year.

CPD Options

Member schools can select one package from our CPD training options. We aim to provide a comprehensive training programme for staff and pupils.

Schools can purchase additional training if they wish.

Evidence of Sport Premium Key Indicator 1, 2, 3

Package 1 – Creating an Active School

The Chief Medical Officer (CMO) recommends that young people aged 5-18 do at least 60 minutes of activity every day. 30 minutes of this activity should be completed in school, the other 30 minutes outside of the school environment. This package focuses on what schools can do to add additional activity into the classroom and across the school so that young people can easily achieve this target. We also provide opportunities for schools to work with families so that they can support young people at home.

What's Included?

- 1 hour staff training session introducing the idea of an active school being much broader than just PE lessons and extra-curricular clubs (virtual / face to face).
- Introductory assembly (virtual / face to face) for pupils on the importance of physical activity.
- 1 hour x 2 of training workshops with students on the importance of physical activity and ideas that they can use inside and outside school.
- 1 hour workshop with family members to support them with ideas to use at home to support young people.
- Comprehensive resource which can be used in the classroom and at home.
- Case study on the journey of the school throughout the academic year.

CPD Options

Member schools can select one package from our CPD training options. We aim to provide a comprehensive training programme for staff and pupils.

Schools can purchase additional training if they wish.

Evidence of Sport Premium Key Indicator 1, 2, 3

Package 2 – Supporting Students' Physical, Social and Emotional Wellbeing through Physical Activity

A report published by the Youth Sport Trust in 2020 suggests that during the COVID pandemic, young people became less active, had fewer opportunities for social interactions and as a result, many struggled with their emotional wellbeing. This package offers schools the opportunity to focus on these three elements with specific groups of students who may have been adversely affected over the past year. Simply select 2 target groups in your school to take part in the training who you think will benefit most.

What's Included?

- 1 hour staff training session introducing the idea of how physical activity can positively impact on a child's physical, social and emotional wellbeing.
- Introductory assembly (virtual / face to face) for pupils on the importance of physical, social and emotional wellbeing.
- 1 hour x 2 student Wellbeing Ambassador workshops. Students will receive a certificate and t-shirt for completing the workshop.
- Bespoke resource created by pupils to use with their peers.
- All Wellbeing Ambassadors will be invited to our Wellbeing Ambassador conference to build on the skills they have gained through the training.
- Case study on the experiences of students throughout the academic year.



CPD Options

Member schools can select one package from our CPD training options. We aim to provide a comprehensive training programme for staff and pupils.

Schools can purchase additional training if they wish.

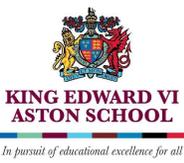
Evidence of Sport Premium Key Indicator 1, 2, 3

Package 3 – Developing Sports Leadership

We believe that sports leadership can be an integral element in developing a young person's confidence, self-belief and self-efficacy. The most effective sports leaders are not necessarily the best athletes, but they demonstrate the potential for great leaders. In this package, we support a young person by developing their general leadership skills and support them in different leadership roles within their school and beyond. This package is aimed at students in year 5 – 6.

What's Included?

- 1 hour introductory session with 10 – 20 students in year 5 – 6.
- 4 sessions with students working to complete our Sports Leaders Programme. Students will receive a badge and a certificate at the end of the course.
- Bespoke set of resources that Sports Leaders can use within PE lessons to help the class teacher or their peers.
- 1 hour Student Voice session to help students contribute ideas for activity within their school.
- Invitation to our Sports Leaders Camp at KESSP where all leaders across the partnership will further develop their leadership skills.
- Case study on the experiences of students and their leadership journey throughout the academic year.



CPD Options

Member schools can select one package from our CPD training options. We aim to provide a comprehensive training programme for staff and pupils.

Schools can purchase additional training if they wish.

Evidence of Sport Premium Key Indicator 1, 2, 3

Package 4 – Mental Health and Physical Activity

In this package, we aim to work with students and staff and put positive mental health at the heart of school life. We look at strategies that can be implemented in order to have a positive mental health across the school population. Students will develop their own strategies as well as building confidence to initiate wellbeing in the school and at home.

What's Included?

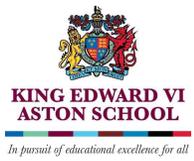
- 1 hour mental health introductory training session on mental health and physical activity.
- Student assembly on how they can look after their mental health.
- 1 hour x 2 "Five Steps to Wellbeing" student training.
- 1 hour staff training session focusing on building a mentally healthy school for students and staff.
- 1 hour Student Voice session with students focusing on ideas on how they can improve their own school environment.
- Celebration festival, run by students for other students in the school.





Additional Opportunities

We want to support all our partner schools by offering additional opportunities which form part of our membership offer:



**Bikeability Year
5-6
Balanceability
Year 1 - 2**

**Lunchtime
Supervisors
Training**

**Book your
School Sports
Day at Trinity
Road**

**Play Leaders
Training**

**Girl Power
Training
Programme**



Evidence of Sport Premium Key Indicator 1, 2, 3, 4

Extras...

We know from time to time that schools require support with various aspects of their physical education and school sport offer. KESSP offers these extra options for an additional fee:

- Assessment in Physical Education
- Half day or full day demonstration lessons
- Designing an effective PE curriculum
- How to deliver inclusive sports
- Extending experience through alternative sports
- Outdoor and Adventurous Activities
- How to deliver intra-school competitions

Please feel free to contact us to talk about what other options we can offer your school.



**KING EDWARD VI
ASTON SCHOOL**

In pursuit of educational excellence for all



Contact Details

Contact us or follow us via the following links:



h.tonks@Keaston.bham.sch.uk or b.concannon@Keaston.bham.sch.uk



07930 840 339 or 07794 372 719



www.kessp.com



@KESSPB



KING EDWARD
SCHOOL SPORTS
PARTNERSHIP



**KING EDWARD VI
ASTON SCHOOL**

In pursuit of educational excellence for all