



Physical Education Home Learning Self-Review Tool



The PE at Home team have developed high quality Physical Education resources for use in the home environment. We have seen the real impact that this support has had on young people and families.

We want to support schools to continue to place Physical Education home learning at the heart of their school. Our self-review tool enables schools to reflect on their own practice and to embed the principles of home learning into their school. Schools can use this tool to track their progress across the year.

INTENT

Does your school provide PE home learning opportunities for all pupils?

Is PE home learning part of your school's vision statement for Physical Education?

Explore

PE home learning is not currently a structured part of our Physical Education provision, but we are looking to develop it this year.

PE home learning does not feature as part of our vision statement for Physical Education and this is something that we are looking to develop this year. Our vision statement is not shared with and understood by pupils and families.

Practising

We provide some PE home learning opportunities but these are ad-hoc and often linked to themed weeks (such as health week).

PE home learning features indirectly as part of our vision statement for Physical Education, with reference to children leading healthy, active lifestyles. Our vision statement is shared with staff, pupils and families.

Developed

We provide regular, structured PE home learning and this is reflected in our school's homework policy.

PE home learning is an explicit part of our vision statement for Physical Education, and this is shared with and understood by all stakeholders, including pupils and families.



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IMPLEMENTATION

Explore

Practising

Developed

Does your PE home learning align with your Physical Education curriculum offer for all pupils?

PE home learning does not align to our Physical Education curriculum map. PE home learning opportunities for pupils are fitness or physical activity challenge based.

PE home learning is movement skills based, but is not aligned to the Physical Education curriculum offer. PE home learning is not used to support and develop learning that is taking place within lessons.

PE home learning is mapped into our Physical Education curriculum overviews and medium term planning. It is used to support and develop movement skills, motivation and engagement in PE lessons.

Is there strong subject leadership and does your Head of Department (secondary)/PE Subject Leader (primary) have the knowledge, skills and understanding to develop an effective PE home learning offer?

Subject leadership in PE is developing. Subject Leader has good curriculum knowledge and understanding. Subject Leader has little or no experience of developing PE home learning and needs further CPD to support this.

Subject Leadership in PE is good. Subject Leader has excellent curriculum knowledge and understanding. Subject leader has engaged with PE home learning opportunities provided by wider networks/external partners and providers and has promoted these within the wider school context.

Subject Leadership is excellent. Subject Leader has excellent curriculum knowledge and understanding, and has used this to develop PE home learning provision for pupils that are relevant to the school context, and pupils' learning.

Do all staff teaching PE have the knowledge, skills and understanding to plan meaningful PE home learning for their pupils?

All or most staff teaching PE lack confidence and the knowledge, skills and understanding to plan meaningful PE home learning for their pupils that would align with their PE teaching within the curriculum. Staff need support from the PE Subject Leader.

Some or most staff teaching PE have some knowledge, skills and understanding to plan meaningful PE home learning for their pupils that would align with their PE teaching within the curriculum. Staff need some support from the PE Subject Leader.

All or most staff teaching PE have good knowledge, skills and understanding to plan meaningful PE home learning for their pupils. Staff can use curriculum overviews and medium term planning with PE home learning prompts, to plan activities for their pupils that would support their progression in PE.

Does your school have planning and resources to support PE home learning?

Current planning and resources for Physical Education only supports curriculum PE.

Current planning only supports curriculum PE. Resources to support PE home learning produced by external partners and providers are available but these have not been modified to support the school context.

Planning and resources for home learning PE are in place to support all pupils' PE home learning. These have been developed by the subject leader and are relevant to the curriculum offer and school context.

What platforms does your school use to communicate with parents and carers about PE home learning?

PE home learning is not currently shared with parents and carers. School has effective communication with parents and carers that could be developed for PE home learning.

PE home learning is communicated to parents and carers using some platforms such as; social media, newsletters and homework diaries/sheets.

PE home learning is communicated to parents and carers across all school platforms, and is aligned with communication of home learning in other subjects.



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IMPACT

Explore

Practising

Developed

Does your school engage with parents and carers to promote the value of PE home learning?

School regularly engages with parents and carers, but the value of PE home learning has not been shared.

School has engaged with parents and carers to promote PE home learning. Parents and carers support their children to engage with the activities, but do not fully understand the value and benefits to their child's overall PE learning and progress.

School regularly engages with parents and carers about the value and benefits of PE home learning. Parents and carers support their children to engage with the activities and understand the benefits to their child's overall PE learning and progress.

Does your school monitor participation in PE home learning?

PE home learning is not currently a structured part of the Physical Education offer and participation in informal PE activities at home is not monitored..

Participation in PE home learning is encouraged, and it is monitored in an informal way through platforms such as social media.

PE home learning is a structured part of the Physical Education offer. Participation is encouraged for all pupils. Systems are in place to monitor participation.

Does your school monitor the impact of PE home learning on engagement and progression in curriculum PE?

PE home learning is not currently used to support engagement and progression in curriculum PE. This is something to be developed this year.

Connections between curriculum Physical Education and PE home learning are developing. Systems to monitor the impact on engagement and progressions are not yet in place, but the Subject Leader is looking to develop this, for example through the use of pupil voice.

Clear connections are made between the Physical Education curriculum and PE home learning. The impact of these connections on engagement and progression is assessed by all staff teaching PE, and this is fed back to the Subject Leader. Engagement with pupil voice is used to support this.

The PE at Home team is continually developing new resources to support schools, young people and families with Physical Education home learning. Please share your experiences with us via email and keep up to date with new content via our twitter page:



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